

What will I do if my child _____ ?

Below is a common list of problems children encounter. Consequence A is a negative consequence (grounding, etc.) and consequence B is a positive consequence (rewards) if he or she does not break the rule. Do not put anything down that you are not sure you will do as this teaches the child that they can sometimes get away with bad choices. Both negative and positive consequences should be immediate. Be sure to clearly define behaviors as your child will look for “loopholes” to get around the rules.

1. Is disrespectful to his parents or other adults.

Define:

Consequence A:

Consequence B:

2. Throws or intentionally breaks things

Define:

Consequence A:

Consequence B:

3. Gets in trouble at school

Define:

Consequence A:

Consequence B:

4. Threatens to hurt him or herself

Define:

Consequence A:

Consequence B:

5. Threatens to hurt others

Define:

Consequence A:

Consequence B:

6. Leaves without permission

Define:

Consequence A:

Consequence B:

7. Refuses to do what is asked

Define:

Consequence A:

Consequence B:

8. Takes something without permission

Define:

Consequence A:

Consequence B:

9. Makes fun of others

Define:

Consequence A:

Consequence B:

- 10. Makes poor grades, does not turn in school work, gets in trouble at school, etc.**

Define:

Consequence A:

Consequence B:

11. _____
Define:

Consequence A:

Consequence B: